

Selfer Crop Reference

Strong Selfers

Crop	Species
Adzuki Bean	<i>Vigna angularis</i>
Barley	<i>Hordeum vulgare</i>
Bean	<i>Phaseolus vulgaris</i>
Chickpea	<i>Cicer arietinum</i>
Escarole, Endive, Frisée	<i>Cichorium endivia</i>
Lentil	<i>Lens culinaris</i>
Lettuce	<i>Lactuca Sativa</i>
Oats	<i>Avena sativa</i>
Pea	<i>Pisum sativum</i>
Peanut	<i>Arachis hypogaea</i>
Rice	<i>Oryza sativa</i>
Southern Pea	<i>Vigna unguiculata</i>
Soybean	<i>Glycine max</i>
Tepary Bean	<i>Phaseolus acutifolius</i>
Tomato	<i>Solanum lycopersicon</i>
Wheat	<i>Triticum sp.</i>
Yardlong Bean	<i>Vigna unguiculata</i>

Not As Strong Selfers

You'll see more crossing in these crops if you grow them very close together.
But not as much as for Crossers

Crop	Species
Eggplant	<i>Solanum melongena</i>
Faba Bean	<i>Vicia Faba</i>
Ground Cherry	<i>Physalis pruinosa</i>
Lima Bean	<i>Phaseolus lunatus</i>
Okra	<i>Abelmoschus esculentus</i>
Pepper	<i>Capsicum sp.</i>
Quinoa	<i>Chenopodium quinoa</i>
Runner Bean	<i>Phaseolus coccineus</i>